# TEAM BUILDING experiences





# A chain reaction of creativity Prickly pear... any part of the plant roots easily even in the driest soils, so it thrives and spreads quickly, offerring us its fruits and so many other benefits. So does the handicraft...

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# **ABOUT US**



Askardamykti School of Crafts was founded in 2014 aiming to promote traditional crafts and technical professions and to enhance their sustainability in the modern economic environment. In 2020 Askardamykti team renovated the historic Lekka's textiles factory a 1500m2 industrial space which was turned it into a modern Bauhaus with fully equipped and autonomous art workshops.

Many different arts have been co-located in the same physical space which allows the flow and exchange among people and arts. Open workspaces alternate with transparent classrooms (autonomous art workshops) so that the creativity of each one influences and touches the one next to them in a perpetual chain reaction without limits.

At Askardamykti we believe in the beneficial properties of "working with your hands" and especially teamworking. For this reason, in collaboration with companies and support groups, we design and implement thematic seminars for groups of employees, groups of vulnerable people, etc. depending on the needs of each group.

Guilty as charged...



Despina Malli

Mining Engineed NTUA, with a master's degree and a great experience in Project Management & adult education. Bag & Shoe Designer



**George Basias** 

Infrastructure Engineer, with studies and extensive experience in the art of Instrument Making and adult education



**George Mallis** 

Footwear Designer specializing manufacturing and adult

# **OUR PREMISES**



The space was **designed by the Architect Vasiliki Polychronopoulou** and renovated by the Askardamykti team.



THE POTTERY WORKSHOP



THE WOOD WORKSHOP



THE INSTRUMENT WORKSHOP



THE LEATHER WORKSHOP



THE TEXTILES WORKSHOP



THE WOOD WORKSHOP



THE JEWELRY WORKSHOP



THE SHOEMAKING WORKSHOP



**MACHINERY PARK** 

# TEAM BUILDING



Askardamykti team designs and implements team empowerment experiences through arts and crafts.

These activities are catalytic for the smooth functioning of teams, reducing conflicts in the workplace and strengthening team spirit. Individuals who participate tend to better understand the other members of the team, to recognize their strengths and weaknesses and their interests, resulting in enhanced mutual appreciation and respect among members.

The creative environment and casual atmosphere help the team members express themselves and relax. The members reintroduce themselves to each other having revealed the best version of themselves.

The special and beneficial properties of crafts come to complement the above by developing skills of concentration, collaboration in project planning and organization, and commitment to the success of the result.

Clay, wood, fabric, paper, leather etc. our raw materials. In these workshops our tools will become parts of ourselves, and we will transform raw materials into works of art. Works of art that will bring a piece of ourselves and at the same time derive from a creative coexistence of the entire group.

In the following pages you will find our workshop proposals as well as an indicative workshop agenda.

If you have any other ideas or special needs, do not hesitate to contact us so that we can design together the program that suits your team.



# Wood workshop....

Through experiential creative exercises, participants learn about wood as a raw material, its qualities and characteristics. They also learn about hand tools and woodworking techniques.

Teams may choose between the following

#### **Wood Carving Workshop**

Participants will learn how to create embossing practice using chisels and creating relief shapes in wood. Each person can work on an individual project or the whole group can collaborate to create a larger project.

# **Woodworking Workshop**

The group works on the construction of wooden objects using carpentry techniques such as a wooden puzzle, lamp, box or other. Each person can work on an individual project or the whole group can collaborate to create a larger project depending on the needs of the group.





# Pottery workshop...

Through experiential creative exercises, participants explore the **beneficial properties of clay and plastic arts**, such as **ceramics and sculpture** 

Through the workshop they will practice basic pottery techniques and create their first ceramic artwork.

Usually, participants work on their personal projects, however we can always add an additional challenge to the group so that they can work as a team. For example, a theme of inspiration can be given and the group based on the theme can design and make a small collection of objects inspired by a specific theme.

\* Ceramic objects require baking in a special pottery kiln twice (biscuit and glazing). Once the ceramics are ready, we will inform you and you can come and pick them up from our facilities. (approximately 15 working days)





# Paper workshop....

**Let's be creative with paper**! In this workshop participants will experiment with paper in many ways.

In the paper workshop we can implement a variety of thematic workshops such as

# Handmade recycled paper:

No waste philosophy touches us in all aspects of our lives. Do not throw away used papers, rolls, egg cases, old notebooks and more. Recycle them and make unique recycled handmade paper, high durability and aesthetics

\* The paper made during the workshop takes 2–3 days to dry properly and then you can pick it up from our premises.

# Japanese Bookbinding:

We will work with a special bookbinding technique originated in Japan. It is an amazing way fo recycling used notes pages to a new recycled notebook.

Paper sculpture

Paper in pulp form is used as the main material for the making of paper art sculptures

\*Again, the paper sculptures need to dry in order to pick them up from our premises





# Leathercraft workshop...

Participants will experiment with leather (genuine or vegan). Leather is a versatile material and can be used in many ways.

# **Traditional Greek Sandal Making:**

In this workshop we will show you the whole process of leather sandals making from the sole making to the upper part assembling. Participants will make their own pair of tailor-made sandals in their size. (vegan leather options also available)

# Leather Bag - Case

Participants will learn to make unique leather creations such as small bags or cases with hand tools. They will learn the whole process from cutting and dying the leather, the hand sewing and the final touches. (vegan leather options also available)

#### Leather notebook - Travelers' Journal

With a unique combination of bookbinding and leather craftsmanship we learn to make notebooks where paper issues are either sewed directly on a leather cover with decorative seam or tied with rubber band so to be detachable





# Textiles workshop...

Participants will get acquainted with various techniques around creating original textiles designs or sewing techniques.

In the textiles workshop we can implement a variety of thematic workshops such as

# Introduction to Sewing:

Participants will learn about fabric qualities, materials and tools and hand stitching. Also, they get to learn the functions of the sewing machine. They will make unique fabric creations such as bookmarks, scrunchies, key chains, pelotas, etc.

# Introduction to Weaving:

In the workshop, participants will learn the art of weaving on a weaving frame with natural threads. During the workshop they will make small woven art pieces such as small coasters. The specific technique is applied in the manufacturing of traditional kilims and woven folk bags (tagaria).

# Linoleum Carving (for textiles diy printing):

A workshop dedicated to the art of on linoleum carving and the creation of original handmade stamps for textiles diy printing (the stamps may also be used on other surfaces)







# Cement workshop...

In the **cement workshop** participants will see **cement from another point of view**. They will discover that cement is a quite versatile material and offers us high quality and aesthetic product design.

During the workshop participants will learn about the raw materials needed to prepare the mix, the mix design philosophy such as how to design and make a simple mold for a table lamp with industrial design.

They will prepare the mix and pour it into the handmade molds. Finally they will learn how to assemble the electric part of the construction (lamp and wire).

The mixture takes time to dry and unmold, so participants can pick up their creations from the school premises after at least 24 hours.





Our day will begin with a tour around our facilities and a brief presentation about our philosophy and the history of the building that used to belong to the historic Lekka's textiles industry. Participants will have the chance to visit all our workshops and learn about the arts we teach and our vision around traditional arts and technical professions.

An ideal duration for the workshops is 3-4 hours without breaks and guided tour. An indicative structure of the program is shown below

#### Indicative schedule

Time	Activity
10:00-10:30	Welcome coffee and short tour of the school and the laboratories of our "polytechnic park", presentation of the philosophy of "Askardamyti"
10:00 - 11:30	<b>Workshop:</b> Acquaintance with the teacher and the members of the group. Brief presentation of the workshop. Acquaintance with materials and tools. Creative process begining
11:30-11:45	coffee break
11:45-13:30	back to the workshop
13:30-14:30	lunch break
14:30-15:30	<b>back to the workshop -</b> wrap up
15:30	diplomas award

<sup>\*\*</sup>The program is indicative and can be modified according to the needs of each group

# INTERGRATED EXPERIENCE





# All Day Coffee Bar

It wouldnt't be a **team bonding experience** if there was not an **all day coffee bar** with coffee, tea, cookies and hot delicacies for a perfect coffee break. Leave it on us...



#### **Lunch Break**

If you wish to have a lunch break there are the following options

- All inclusive: If desired, we can assign the lunch break to a catering company we collaborate with, with an additional charge depending on the needs of the group.
- It's On You: If you have a catering company that you work with, you can arrange the lunch break without any mediation or charge from us.
- Casual Lunch: the group can order food of their choice from local restaurants.



#### **Diplomas Award**

The Workshop concludes with the awarding of souvenir diplomas to each participant.



# Personalized experience

If you wish, we can pre-order working aprons (there's the option of personalized aprons with each names on it or your team logo or moto), which participants will keep as a souvenir after the end of the workshop (there is an additional charge)

# TRUST THE ONES WHO TRIED IT



# **NESPRESSO**®















Contact us to design together the perfect team bonding experience for your team

# CONTACT

# **INFORMATION**

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